





I travel the world big and round



I shake & Move



From the earth under my feet... stomp stomp to the sky in the air...stretch



I blossom and stand strong



Sun Salutation



To placing my hands on the ground, and walk my hands forward and stop



Then hop up and say 'rahh'



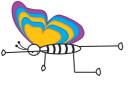
Now I am a triangle & wriggle



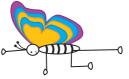
Now I curl up as small as a bug



I'm an elephant wise and strong



Other side



Now I'm Stretching my trunk lean and long

